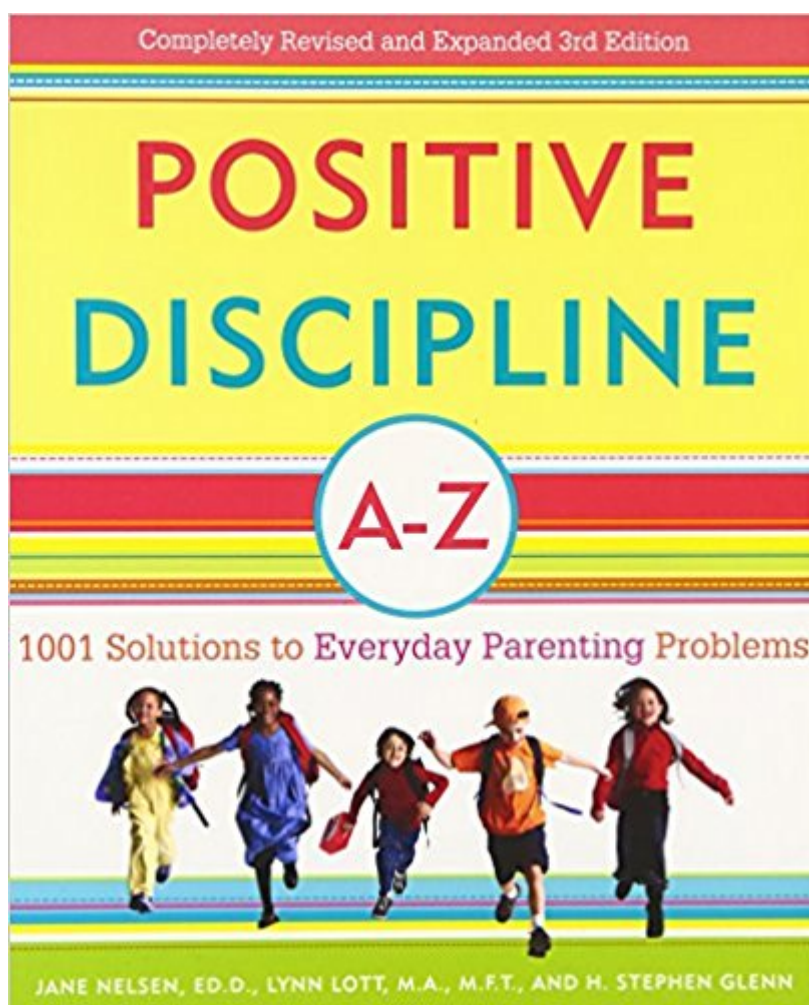


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# Positive Discipline A-Z: 1001 Solutions To Everyday Parenting Problems (Positive Discipline Library)



## Synopsis

As a parent, you face one of the most challenging and rewarding roles of your life. No matter how much you love your child, there will still be moments filled with anger, frustration, and, at times, desperation. What do you do? Over the years, millions of parents just like you have come to trust the Positive Discipline series for its consistent, commonsense approach to child rearing. In this completely updated edition of Positive Discipline A-Z, you will learn how to use methods to raise a child who is responsible, respectful, and resourceful. You will find practical solutions to such parenting challenges as: Sibling Rivalry - Bedtime Hassles - School Problems - Getting Chores Done - ADHD - Eating Problems - Procrastination - Whining - Tattling and Lying - Homework Battles - And Dozens More! This newly revised and expanded third edition contains up-to-the-minute information on sleeping through the night, back talk, and lack of motivation as well as tips on diet, exercise, and obesity prevention, and new approaches to parenting in the age of computers and cell phones.

## Book Information

Series: Positive Discipline Library

Paperback: 336 pages

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Average Customer Review: 4.6 out of 5 stars 70 customer reviews

Best Sellers Rank: #54,347 in Books (See Top 100 in Books) #68 in Books > Politics & Social Sciences > Social Sciences > Children's Studies #263 in Books > Health, Fitness & Dieting > Psychology & Counseling > Child Psychology #270 in Books > Medical Books > Psychology > Child Psychology

## Customer Reviews

"I love your books (personally and professionally). As the mother of an almost-four-year-old and a one-year-old, I am working on incorporating PD ideas into my parenting, and we look forward to starting family meetings soon!" Janet Frick, associate professor, Department of Psychology, University of Georgia  
"The Positive Discipline series has empowered me and

my husband to be the kind of parents we want to be day-in and day-out in the face of any and all circumstances. What really struck a chord . . . is that the concepts are simply and clearly presented chapter by chapter in easy-to-read language regarding real-life everyday scenarios. Thank you very much for the contribution you have made to my family's lives. •Mary S. McMahon

“Thank you so much for all of the wonderful parenting tools we have a much happier family since discovering your books! •Krista Schelhaas

Jane Nelsen, Ed.D., is a licensed marriage, family, and child therapist, and an internationally known speaker. Lynn Lott, M.A., M.F.T., is a therapist and author of more than eighteen books and manuals. H. Stephen Glenn, Ph.D., coauthored the bestselling classics *Raising Self-Reliant Children in a Self-Indulgent World* and *7 Strategies for Developing Capable Students*.

The format of this book is conducive to implementing the recommendations immediately and easily. I have found the tips and examples useful for our family (girls 3 & 5) as we are all adjusting to our 2 month old son.

Unfortunately it seemed as though I was out of sync reading this book. Like I started reading in the middle and missed the introduction and explanations. It is still a good book and very helpful. (After receiving the clarity by reading *Positive Discipline*.)

Good, solid advice and suggestions in an easy-to-find and easy-to-visualize format. BUT, the whole "Positive Discipline" approach is much deeper than this "try this in this situation" format. The authors came up with the idea and "wrote" the rough draft of the book while driving 1/2 way across the US. It's a great idea, and a great supplement, but it's not the whole kit and kaboodle.

Helpful resource for parenting

Beautiful, humane tips for interacting with children and adults. I loved reading this book by Jane Nelsen, it has changed my life.

This is a great resource for parents wanting a quick reference for positive discipline. I found this super helpful when dealing with my two preschoolers.

Jane Nelsen is one of the foremost experts on childrearing, and this is a classic book that never goes out of date. I highly recommend all of her books on Positive Discipline.

I like this book a lot. All I have tried has helped. Plus I like the subject format. I have a neurotypical son and one diagnosed with ADD and ODD. This has given me alternate ideas and help for both.

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